

The Feminist Bookshop

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ANGER MANAGEMENT FOR CHILDREN & TEENS

Hands Are Not For Hitting

Martine Agassi \$15.95

Picture story for young children on how to handle strong feelings without hitting. Available in paperback and boardbook formats. Poster available \$14.95.

Feeling Angry

Althea \$12.95

Picture book for primary age group, illustrated with attractive photographs, and including notes for teachers.

Exploring Feelings

Tony Atwood \$31.95

Cognitive Behaviour Therapy to manage anger in children.

I'm Furious

I'm Mad

Elizabeth Crary \$15.95 each

Picture books for children about anger.

Try And Make Me!

Penny Cuninggim \$27.95

Strategies for adults caught up in power struggles when living or working with angry kids.

Doing Anger Differently

Michael Currie \$37.95

Helping parents, carers, and teachers understand teenage boys, their anger, and aggression. Australian author known for his work with adolescents.

Your Angry Child

Daniel Davis \$29.95.

Provides an up-to-date understanding of the 'whys' and 'hows' of anger problems. Practical advice for parents of children with anger management issues.

Josh's Smiley Faces

Gina Ditta-Donahue \$17.95

A story about anger for young children.

Angry Children Worried Parents

Sam Goldstein \$35.95

Seven steps to help families manage angry children.

The Explosive Child

Ross Greene \$32.95

New approach for understanding and parenting easily frustrated and chronically angry children.

What To Do When Your Temper Flares

Dawn Huebner \$24.95

Kid's guide to overcoming problems with anger. An easy-read workbook.

In Control

Millicent Kellner \$54.95

Skill-building programme for teaching young adolescents to manage anger.

Helping Schoolchildren Cope With Anger

Jim Larson \$49.95

Cognitive-Behavioural intervention for school-based clinicians, who are looking for guidance in starting an anger management programme for children.

Working With Anger & Young People

Nick Luxmore \$39.95

Informative resource for professionals who can themselves feel frustrated and angry working with young people's anger.

I Feel Angry

Brian Moses \$17.95

Appealing picture book from the *Your Emotions* Series to help young children understand and cope with anger. Notes for parents/teachers included.

Helping Your Angry Child

Darlyne Gaynor Nemeth \$35.95

Workbook for parents and children aimed at understanding and managing children's anger. Worksheets, fun puzzles and engaging games to help families communicate.

Anger Management Games For Children

Deborah Plummer \$40.95

Easy to use games to foster successful anger management strategies for children aged 5-12.

We Can Work It Out

Barbara Polland \$18.95

Simple book for young children on conflict resolution, illustrated with colour photographs

Taming Monster Moments

Daniel Porter \$12.95

Fun and inspiring book to help children handle their fear and anger.

I'm Not Bad, I'm Just Mad

Lawrence Shapiro \$29.95

Workbook to help kids control their anger and frustration.

Seeing Red

Jennifer Simmonds \$28.95

Anger management and peacemaking curriculum for children ages 6-12. Workbook style.

I Was So Mad

Norma Simon \$12.95

Picture-story showing young children how to deal with anger.

Teeth Are Not For Biting

Elizabeth Verdick \$15.95

For young children to illustrate how biting hurts and is not the way to express feelings. Available only in boardbook format. Poster available \$14.95.

Words Are Not For Hurting

Elizabeth Verdick \$15.95

Teaches children the difference between kind and unkind words. Available in paperback and boardbook formats. Poster available \$14.95

Feet Are Not For Kicking

Elizabeth Verdick \$15.95

Board book or paperback for very young children, next in the series for helping little ones not to hurt other children. Poster available \$14.95.

How To Take The Grrr Out Of Anger

Elizabeth Verdick \$19.95

Excellent little workbook to help children understand and manage anger. Cartoon pictures.

A Volcano In My Tummy

Eliane Whitehouse \$25.95

Large format workbook for helping children to handle anger to be used by teachers and counselors working with children.

Hot Stuff To Help- Kids Chill Out

Jerry Wilde \$19.95

Anger management for kids. Easy to understand, written for primary aged children.

Cool Cats Calm Kids

Mary Williams \$16.95

Relaxation and stress management for children.

Anger Management Books For Adults On Separate List

Prices can change without notice due to publisher increases beyond our control