

# The Feminist Bookshop

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## Children's Self-Esteem/Feelings

Please also look at *Workbooks For Children And Teens List*, *Anger Management For Children List*, *Favourite Picture Books For Children List*, and *Parenting Skills List*.

### **Being Friends**

#### **Feeling Jealous**

#### **Feeling Angry**

#### **Feeling Scared**

#### **Feeling Sad**

#### **Telling the Truth**

*Althea \$14.95 each*

From the *Choices Series*. Simple stories about feelings illustrated with photographs, multi-cultural images.

### **Why Are You So Sad?**

*Beth Andrews \$17.95*

Child's picture book about living with parental depression.

### **Secrets Of Happy Children**

#### **More Secrets Of Happy Children**

*Steve Biddulph \$26.95 each*

Parenting ideas to ensure your children grow up with healthy self-esteem.

### **Your Child's Self-Esteem**

*Dorothy Briggs \$29.95*

How to help your child develop strong feelings of self-worth. For parents and carers.

### **Dinosaurs Divorce**

*Laurene Brown \$15.95*

Lovely and humorous picture book looking at changing families after divorce happens.

### **Double-Dip Feelings**

*Barbara Cain \$17.95*

Picture book and stories to help children understand emotions.

### **Creative Journal For Children**

*Lucia Capaccione \$37.95*

Beautiful workbook for children on enhancing self-esteem and creativity.

### **Nightlights**

*Anne Civardi \$24.95*

Stories to read to your child to encourage confidence and self-esteem.

### **More Nightlights**

*Anne Civardi \$34.95*

More stories to read aloud.

### **Because We're Worth It**

*Margaret Collins \$48.95*

Teacher's guide for working with 4-9 year olds to enhance their self-esteem.

### **I'm Frustrated**

#### **I'm Scared**

#### **I'm Proud**

#### **I'm Mad**

#### **I'm Excited**

#### **I'm Furious**

*Elizabeth Crary \$15.95 each*

From the *Dealing With Feelings Series*

### **What To Do When You're Scared And Worried**

*James Crist \$17.95*

Guide for primary age kids about fears.

### **My Own Thoughts And Feelings (for Girls)**

*Wendy Deaton \$21.95*

Workbook for drawing and writing about feelings. Guide for teacher/counsellor included).

### **Incredible You!**

*Wayne Dwyer \$19.95*

10 ways to let your greatness shine through. Self-esteem ideas for kids.

### **The Hurt**

*Teddi Doleski \$62.95*

Story of how to let go of hurt feelings by sharing and asking for support.

### **Helping Your Socially Vulnerable Child**

*Andrew Eisen \$31.95*

What to do when your child is shy, anxious, withdrawn, or bullied.

### **Knowing And Doing What's Right**

*Pamela Espeland \$15.95*

Easy reader for primary age children on ethics, responsibilities and decisions. Humorous cartoons and breezy style.

### **Helping Out & Staying Safe**

#### **Doing & Being Your Best**

#### **Making Choices & Making Friends**

#### **Proud To Be You**

#### **People Who Care About You**

*Pamela Espeland \$15.95 each*

*Adding Assets Series For Kids*

**Whoever You Are**

*Mem Fox \$18.95*

Gorgeous pictures and simple story show children from all over the world, and their similarities.

**How Are You Peeling**

*Saxton Freymann \$12.25*

Funny vegetables are used to illustrate moods and feelings. Kids love this one.

**I'm Like You You're Like Me**

*Cindy Gainer \$25.95*

Children's picture book about understanding and celebrating each other.

**Fear-Free Children**

*Janet Hall \$14.95*

Guide for parents to build self-esteem and lessen fears in their children.

**Raising And Praising Girls****Raising And Praising Boys**

*Elizabeth Hartley-Brewer \$24.95 each*

Insightful and accessible ideas to enhance your child's self-esteem.

**Let's Talk About Where Babies Come From**

*Robie Harris \$24.95*

Wonderful cartoon illustrations about sex, babies and bodies for primary age children. Easy to read and straightforward.

**Lets Talk About Sex**

*Robie Harris \$24.95*

For girls and boys at puberty, about growing up, changing bodies, sex, and sexual health. Great cartoon illustrations.

**What To Do When You Worry Too Much**

*Dawn Huebner \$28.95*

Workbook to help young children overcome anxiety.

**The Huge Bag Of Worries**

*Virginia Ironside \$18.95*

Helping children let go of fears and worries, picture book.

**What Is A Feeling?**

*David Krueger \$16.95*

Simple illustrations to show children a range of feelings.

**When I Feel Afraid****Listen And Learn****Share And Take Turns****Join In And Play****Understand And Care****Be Polite And Kind****Respect And Take Care Of Things****Try And Stick With It****Talk And Work It Out**

*Cheri Meiners \$19.95 each*

From *Learning To Get Along Series*.

**Secret Of The Peaceful Warrior**

*Dan Millman \$28.75*

Picture story suitable for primary age children about bullying.

**I Feel Frightened****I Feel Jealous****I Feel Bullied****I'm Special****I'm Worried****It's Not Fair****I'm Happy**

*Moses/Wayland Series \$22.95 each*

Delightful series for young children on dealing with emotions. Notes for teachers and parents included.

**When I'm Feeling Angry****When I'm Feeling Sad****When I'm Feeling Happy****When I'm Feeling Lonely****When I'm Feeling Loved****When I'm Feeling Scared****When I'm Feeling Kind**

*Trace Moroney \$14.95 each*

Delightful little rabbit character shows a range of feelings. Notes for parents at the back from a child psychologist.

**The Family Book****It's OK To Be Different****The Mummy Book****The Daddy Book****The Grandpa Book****The Grandma Book****The Feel Good Book****Reading Makes You Feel Good****We Belong Together**

*Todd Parr \$15.95 each*

Easy to read, colourful with lovely simple pictures showing many different families and relationships. One of our favourite authors.

**Just Because I Am****We Can Get Along**

*Lauren Payne \$17.95 each*

Children's picture books about affirmations and choices, multi-cultural illustrations, a favourite series.

*Each have a Leaders Guide to use with them \$29.95*

**Helping Children To Build Self-Esteem**

*Deborah Plummer \$47.95*

Photocopiable activities book for teachers, counsellors and parents to use with children.

**Self-Esteem Games For Children**

*Deborah Plummer \$36.95*

Practical handbook full of fun, easy to learn games, suitable for children 5-11.

**Taming Monster Moments**

*Daniel Porter \$12.95*

Picture book to help young children handle fears and anger.

**Stress Can Really Get On Your Nerves**

*Trevor Romain \$15.95*

*Laugh & Learn Series*

**The I Can Kids**

*Tess Rowley \$16.95*

Beautifully illustrated picture story for young children guiding them in how to make friends, and speak out in a classroom situation or at school. Australian author. NEW 09

**Self-Esteem Games**

*Barbara Sher \$22.95*

300 fun activities that help children to feel good about themselves.

**Attention Games**

*Barbara Sher \$22.95*

Simple games to help children focus their attention, while learning new things.

**All Families Are Special**

*Norma Simon \$30.95*

Picture story to help children feel good about their own particular family, multicultural illustrations.

**Stop Bullying Bobby**

*Dana Smith-Mansell \$19.95*

Picture book for young children about coping with teasing and bullying.

**Children's Art Of Conversation Cards**

*TAOC \$19.95*

Card game for helping children in conversation, great for group work, breaking the ice, or even for party fun.

**Hope Is An Open heart**

*Lauren Thompson \$19.95*

Beautiful photographic picture book showing feelings, hope, and diversity.

**Germs Are Not For Sharing**

*Elizabeth Verdick \$19.95*

Good health guidelines for kids about hand washing and sneezing.

**Could You? Would You?**

*Trudy White \$14.95*

A charming book of questions to tickle the imagination, to get kids laughing and talking and exploring the world.

**What In The World Do You Do When Your Parents Divorce**

*Kent Winchester \$17.95*

Suitable for primary age readers on divorce and separation.

**Great Big Book Of Children's Games**

*Debra Wise \$28.95*

Huge book of games for children from 3-14, great ideas for rainy days.

*Prices can change without notice due to publisher increases beyond our control*