

# The Feminist Bookshop

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## CHILD SEXUAL ABUSE & INCEST

### **Breaking Free**

*Carolyn Ainscough and Kay Toon \$45.10*

Help for survivors of child physical, emotional and sexual abuse.

### **Breaking Free Workbook**

*Carolyn Ainscough and Kay Toon \$43.95*

Practical help for survivors of child sexual abuse. To accompany *Breaking Free* – Offers different ways to think about the past, and gives new strategies to look forward to the future. Also a useful resource for therapists.

### **Finding Courage To Speak**

*Paige Alisen \$35.95*

Addresses women's survival of child abuse, including looking at the impact of trauma on emotional and physical health.

**We Are Not Alone:** A Teenage Girl's Personal Account of Incest from disclosure through prosecution and treatment

**We Are Not Alone:** A Teenage Boy's Personal Account of Child Sexual Abuse from Disclosure Through Prosecution And Treatment

**We Are Not Alone Guidebook** For Helping Professionals And Parents Supporting Adolescent Victims Of Sexual Abuse

*Jade Angelika \$34.95 each*

### **Courage to Heal**

*Ellen Bass & Laura Davis \$42.95*

Classic international best seller guide for women survivors of child sexual abuse.

### **Teaching Children To Protect Themselves**

*Freda Briggs \$35.00*

Handbook for teachers and counsellors working with primary-aged children.

### **Treating Sexually Abused Boys**

*Lisa Camino \$82.95*

Practical guide for therapists and counselors.

### **Women Survivors Of Childhood Sexual Abuse**

*Judy Chew \$39.95*

Healing through groupwork, beyond survival.

### **Betrayal Of Trust**

*Matthew Colton \$53.95*

Sexual abuse by men who work with children, stories in their own words.

### **Healing the Trauma of Abuse: A Women's Workbook**

*Mary Ellen Copeland and Maxine Harris \$48.95*

A gentle, step-by-step guide for women recovering from the traumatic effects of abuse

### **Recollections Of Sexual Abuse**

*Christine Courtois \$36.95*

Treatment principles and guidelines relating to delayed memory and working with this issue.

### **Courage To Heal Workbook**

*Laura Davis \$49.95*

Workbook for women and men who are recovering from childhood sexual abuse.

### **Allies In Healing**

*Laura Davis \$39.00*

Essential information when the person you love was sexually abused as a child. Support book for partners.

### **Don't Tell**

*Michel Dorais \$35.95*

One in six boys has been the victim of sexual abuse. Yet this abuse remains a taboo. This excellent book gives them a voice.

### **Counselling Survivors Of Child Sexual Abuse**

*Claire Draucker \$69.95*

Third Edition: From the excellent *Counselling In Practice* series. Readable and practical, concentrates on individual work, but includes a chapter on group counselling.

### **Young Men Surviving Child Sexual Abuse**

*Andrew Durham \$68.95*

Research stories and lessons for therapeutic practice, examines a largely neglected area in child protection.

### **Families In Recovery**

*Beverly Engel \$31.95*

A book for family members of survivors on healing the damage of childhood sexual abuse. Includes recovery steps for siblings and parents.

### **When You're Ready**

*Kathy Evert \$46.95*

A woman's healing from childhood physical and sexual abuse by her mother.

### **Invisible Girls**

*Dr Patti Feuereisen \$29.95*

A book for teenage girls, young women, and those who love them, about sexual abuse. Stories told by girls who have experienced sexual abuse.

### **Outgrowing The Pain**

*Eliana Gil \$25.95*

A book for and about adults abused as children. Simple and accessible guide for survivors.

### **Treating Abused Adolescents**

*Eliana Gil \$54.95*

A brilliant expert looks at the special needs of abused adolescents. Practical guidance for mental health professionals in the problems they may face in treatment of teens.

### **Treatment Of Adult Survivors Of CSA**

*Eliana Gil \$79.35*

Offers understanding of the underlying therapeutic issues or techniques. Stresses empathy for the small abused child who remains trapped in the adult client.

#### **Child Abuse And Child Protection**

*Chris Goddard \$49.95*

A guide for health, education, and welfare workers. Australian author draws on case studies.

#### **Healing Sex** Updated 2<sup>nd</sup> edition to The Survivors Guide

*Staci Haines \$44.95 To Sex*

A Powerful open-minded guide for all women to untangling sex from the effects of trauma and betrayal.

#### **Father-Daughter Incest**

*Judith Herman \$46.95*

Well-known author develops a composite picture of the incestuous family. Up-dated edition of an important classic

#### **Abused Boys**

*Mic Hunter \$29.95*

Myths are exploded by this collection of true stories from the neglected victims of child abuse.

#### **Touchy Subject**

*Alison Jones ed \$38.95*

Teachers touching children. New Zealand publication addressing teacher anxiety on this subject.

#### **Family Fallout**

*Dorothy Landry \$31.95*

Handbook for families of adult sexual abuse survivors. Practical advice to help in understanding.

#### **Connections Workbook**

*Jill Levenson \$38.95*

Workbook about sexual abuse in the family, for the non-offending parent.

#### **When You Are The Partner Of A Rape Or Incest Survivor**

*Robert Levine \$41.40*

An excellent resource for partners as well as for clinicians seeing partners individually or in groups

#### **Victims No Longer**

*Mike Lew \$38.95*

An excellent book for men recovering from incest and other child sexual abuse. Also available his 2<sup>nd</sup> book for men: **Leaping Upon The Mountains** \$46.95.

#### **Trust And Betrayal In The Treatment Of Child Abuse**

*Laurie Mackinnon \$49.95*

Compelling analysis of what makes child-at-risk cases so difficult for therapists and social workers.

#### **Sexual Healing Journey**

*Wendy Maltz \$27.95*

An encouraging guide for survivors of sexual abuse wanting to heal their sexuality and sex lives.

#### **After Abuse**

*Gita Mammen \$39.95*

Health practitioner's guide to treatment of adults sexually abused in childhood.

#### **Finding Sunshine After The Storm**

*Sharon McGee \$25.95*

Workbook of confidence-building activities for children recovering from sexual abuse.

#### **Creative Group Therapy For Women Survivors Of Child Sexual Abuse**

*Bonnie Meekums \$58.95*

Creative groupwork techniques for qualified and trainee professionals. Includes both theoretical and practical issues and strategies.

#### **Mother-Son Incest: The Unthinkable Taboo**

*Hani Mileski \$27.45*

An overview of findings on a difficult topic.

#### **Thou Shalt Not be Aware**

*Alice Miller \$29.95*

Society's betrayal of the child through incest and violence.

#### **The Body Never Lies**

*Alice Miller \$23.95*

Lingering effects of cruel parenting, from the guru of wounded children everywhere.

#### **Creative Therapy : Adolescents Overcoming CSA**

*Kate Ollier & Angela Hobday \$34.95*

Practical therapy book, workbook ideas to make therapy fun.

#### **Mother-Daughter Incest**

*Beverly Ogilvie \$39.95*

Effective help for women struggling with aftermath of sexual abuse by their mothers. Plus guide for helping professionals.

#### **Overcoming Childhood Sexual Trauma**

*Sheri Oz \$54.95*

Guide to breaking through the wall of fear for practitioners and survivors.

#### **Rescuing The Inner Child**

*Penny Parks \$29.95*

Therapy for adults sexually abused as children.

#### **The Boy Who Was Raised As A Dog**

*Bruce Perry \$31.95*

What traumatized children can teach us about loss, love, and healing from abuse. How does terror affect a child's mind and can that mind recover.

#### **When Something Feels Wrong**

*Deanna Pledge \$36.95*

A survival guide about abuse for young people. Teaches that abuse is not normal, never deserved.

#### **Can't Touch My Soul**

*Donna Rafanello \$32.95*

Guide for lesbian survivors of child sexual abuse. Survivors share their recovery stories.

#### **Childhood Denied**

*Kathleen Reardon \$84.95*

Ending the nightmare of child abuse and neglect. A strong call to action.

#### **New Feminist Stories of Child Sexual Abuse**

*Paula Reavey (ed) \$90.00*

A look into the complex ways in which stories of child sexual abuse are translated through and into personal, professional and social politics.

**The Ultimate Betrayal**

*Audrey Ricker \$24.95*

The enabling mother, incest and sexual abuse. Not about blame, but looks clearly at the role a mother can play in not protecting her child.

**The Last Secret**

*Bobbie Rosencrans \$49.95*

Testimony and data from adult women who were sexually abused by their mothers, a landmark study.

**The Journey Of Healing**

*Marjorie Ryerson ed \$*

Wisdom from survivors of sexual abuse in the form of stories and poems and photos. An inspiring book.

**Strong At The Broken Places**

*Linda Sanford \$22.00*

Shows how most survivors break free from the pattern of victimization and abuse, and go on to live healthy and fulfilling lives.

**Falling Up**

*Diana Scott \$29.95*

A true story from an Australian writer who spent all her years running from the hurt of paternal incest. Her courage in telling of her experiences and getting it published is to be admired.

**Wounded Boys Heroic Men**

*Daniel Sonkin \$26.95*

A book for adult male survivors of abuse, physical, sexual, and emotional. Also a guide to help partners, friends, and family members to better understand the struggles these men face.

**In The Firing Line**

*Janet Stanley & Chris Goddard \$53.95*

Violence and power in child protection work. Essential reading for all professionals, policy makers, students, and educators who work in child care and protection.

**Act It Out**

*Stefanie Stolinsky \$46.95*

Expressive ways to heal from childhood abuse, sexual, physical, or emotional. Safe, simple, and creative methods for a therapist to use with clients.

**Dangerous Families**

*Matilda Sycamore \$34.95*

GLBTQ writers on survival and recovery from abusive families.

**Working With Denied Child Abuse**

*Andrew Turnell \$59.95*

Dealing with denial in child abuse cases, using the "Resolutions" approach. Key reading for health professionals in areas of child protection.

**Ending Child Abuse**

*Victor Vieth et al eds \$44.95*

New efforts in prevention, investigation, and training in the area of child protection services.

**Feeling Good Again**

*Burt Wasserman \$31.95*

Workbook for children who have been sexually abused, for ages 6 and up.

**Feeling Good Again Guide For Parents**

*Burt Wasserman \$23.95*

For parents and therapists to use with above workbook.

**Brother/Sister Hurt**

*Vernon Wiehe \$27.50*

Recognising the effects of sibling abuse, a form of abuse frequently not disclosed.

**Back On Track**

*Leslie Wright \$28.95*

Boys dealing with sexual abuse, for age 10 and up.

**RESOURCES**

ASCA (Advocates for survivors of child abuse, is a national Australian organization, and the voice of survivors campaigning for the recognition of the life impact of childhood abuse. ASCA aims to educate and advocate for healing and personal growth, and offers many individual and group services for adult survivors of abuse (women and men), their families and the community. Contact ASCA [www.asca.org.au](http://www.asca.org.au)

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