

The Feminist Bookshop

Shop 9, Orange Grove Plaza, Balmain Rd, Lilyfield 2040 ph: (02) 9810 2666 fax: (02) 9818 5745

email: feministbookshop@iprimus.com.au

www.feministbookshop.com

Pregnancy, Birth, Babies

Surviving Post-Natal Depression

Cara Aiken \$45.95

Personal stories of strength, hope, and understanding.

New Natural Pregnancy

Janet Balasskas \$39.95

Practical wellbeing from conception to birth.

Baby Love

Robin Barker \$35.00

Expert advice for the first twelve months of your baby's life, fully revised edition, a classic guide, covers issues such as immunisation, food allergies, breastfeeding, and nutrition.

Breastwork

Alison Bartlett \$39.95

Beautifully written and accessible guide to the many unexplored cultural meanings of breastfeeding in contemporary society.

The New Essential Guide To Lesbian Conception, Pregnancy & Birth

Stephanie Brill \$39.95

Complete resource for lesbians embarking on the course of motherhood, from conception to having a new baby.

Gentle Birth Gentle Mothering

Dr Sarah Buckley \$36.95

The wisdom of gentle choices in pregnancy, birth, and parenting. A combination of medical advice, and mothering experience, from an Australian family doctor.

The Fertility Plan

Helen Caton \$29.95

Practical guide to conceiving a healthy baby.

Up The Duff

Kaz Cooke \$39.95

Sound, sane, and witty advice on pregnancy, birth, and when you get home with the new baby. Cartoons and humour, but invaluable tips.

A Dad's Guide To Babycare

Colin Cooper \$37.95

For men who want to be involved, written and demonstrated by dads.

Guy's Guide To Surviving Pregnancy, Childbirth & The First Year Of Fatherhood

Michael Crider \$24.95

Title says it all. Good practical advice for men.

You Are Your Child's First Teacher

Rahima Dancy \$29.95

Caring for the newborn, the toddler, and nourishing your little one's imagination and creativity.

Empty Cradle, Broken Heart

Deborah Davis \$35.95

Sensitive guidance after the loss of a baby, from stillbirth, miscarriage or infant death.

What To Expect When You're Expecting

What To Expect The First Year

What To Expect The Toddler Years

Arlene Eisenberg \$43.95 each

Reassuring guides for various stages of the birth and baby process.

The Dad Book

Fairview \$8.95

Small pamphlet style booklet of handy facts and hints to support Dads through pregnancy, labour, birth, and parenting.

Caesarean Recovery

Chrissie Gallagher-Mundy \$25.95

Helps you regain vitality and strength, and get back in shape after a Caesar. Exercise, and nutrition.

The Good Sleep Guide

Angela Henderson \$21.95

Step by step guide to good sleep for babies from 0-18 months. For parents and professionals.

The New Experience Of Childbirth

Sheila Kitzinger \$29.95

Fully revised and updated edition of her classic, guidance for the emotional as well as the physical aspects of birth and after.

Birth Crisis

Sheila Kitzinger \$54.00

An essential resource for student and practising midwives, for any birth and health professionals, about women's distress after childbirth.

The Pregnant Woman's Comfort Book

Jennifer Louden \$40.95

Comforting guide through pregnancy for first time or experienced mothers. Covers self-care issues such as rest, diet, exercise, emotional support, relationships, and much more.

Conscious Parenting

Lee Lozowick \$43.95

Useful guide for parents in the vital first two years of life.

Clinical Skills In Infant Mental Health

Sarah Mares, Louise Newman Beulah Warren
\$49.95

From a wide range of Australian professionals, describing how the infant-parent relationship influences infant development. Looks at the effects of trauma, mental illness, and addiction on the baby.

Late Babies

Sandra McLean \$33.95

Journalist gets inside story on the Australian trend to having a baby after 35. Looks at balancing late motherhood and career.

What To Expect When You're Expecting

Heidi Murkoff \$43.95

Best-selling pregnancy guide that reassuringly answers the concerns of mothers and fathers to be, from the planning stage to after the birth.

The Natural Way To Better Birth And Bonding

Francesca Naish & Janette Roberts \$29.95

Treasure trove of practical information to decide on your own preferences, medical management, managing stress and pain, and care after birth for you and your baby.

The Natural Way To Better Breastfeeding

Francesca Naish & Janette Roberts \$29.95

All your questions about breastfeeding answered by two experienced Australian experts.

Feeding the Bump

Lisa Neal \$29.95

Nutrition and recipes for a healthy pregnancy.

Birth Right

Susan Ross \$23.95

An insider's guide to getting the best for you and your baby in pregnancy and birth. The author is an experienced Australian midwife and birthing trainer. Full of facts and honest information.

Quest For A Child

Verity Rutherford \$24.95

Story of one woman's encounter with the fertility business.

Trying To Conceive

Michaela Ryan ed \$24.95

True stories of how fifteen couples overcame infertility by taking a more holistic approach to pregnancy.

Birth Skills

Juju Sundin \$39.95

Written with Sarah Murdoch, obstetric physiotherapist Sundin takes you through management of your birth step-by-step.

Alternative Therapies For Pregnancy & Birth

Pat Thomas \$24.95

Explains the benefits of a wide range of alternative treatments that can be used alongside conventional medicine to help women make the best choices in their pregnancy.

Attack Of The Fifty-Foot Hormones

Emma Tom \$37.95

A humorous survival guide to staying sane during pregnancy beginning from Week 1.

The Infertility Handbook

Jacqueline Tomlins \$29.95

Guide to making babies, expert advice on fertility, infertility, its causes, and treatments. Looks at assisted reproduction and IVF.

Handle With Care

Evelyn Tsitas \$29.95

Precious pregnancies, inspiring journeys. Well researched and practical advice on all aspects of high-risk pregnancy.

Empty Arms

Pam Vredevelt \$24.95

Hope and support for those who have suffered a miscarriage, stillbirth, or tubal pregnancy.

Sleep Right, Sleep Tight

Tweddle Health Service \$28.95

Practical guide to solving your baby's sleep problems.

Mindful Motherhood

Cassandra Vieten \$28.95

Practical tools for staying sane during pregnancy and your child's first year.

Baby Talk

Sally Ward \$32.95

How to maximise your child's verbal potential and language development.

For information about midwives and birthing Susan Ross at www.birthright.com.au

Prices can alter without notice due to publisher changes beyond our control