

# The Feminist Bookshop

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## TRAUMA, ABUSE, AND RECOVERY

### **Coping With Trauma** 2<sup>nd</sup> Edition

*Jon Allen* \$65.95

Hope through understanding. Practical and compassionate guidance in understanding the effects of trauma on the self and on relationships

### **Trauma, Stress & Resilience Among Sexual Minority Women**

*Kimberley Balsam ed* \$39.95

Effects of child abuse on sexual identity, religious abuse, and the strength developed by minority women after abuse.

### **Does Stress Damage The Brain?**

*J. Douglas Bremner* \$28.95

Understanding trauma-related disorders from a mind-body perspective.

### **The Abuse Of Men : Trauma Begets Trauma**

*Barbara Jo Brothers* \$39.95

Comprehensive study of abuse of men by partners (male or female), parents, and other men. Trauma will affect the whole family.

### **Child Abuse And Family Law**

*Thea Brown* \$39.95

Understanding the issues facing human services and legal professionals. Australian book NEW 2007

### **Managing Traumatic Stress Through Art**

*Barry Cohen* \$39.95

Inventive ways to understand, manage, and transform the aftereffects of trauma. An excellent workbook using art, drawing etc.

### **Treating Trauma And Traumatic Grief In Children And Adolescents**

*Judith Cohen* \$59.95

Trauma-focused cognitive behaviour therapy for clinicians and educators working with children and teens.

### **Healing The Trauma Of Abuse**

*Mary Ellen Copeland* \$48.95

Gentle step-by-step workbook for women healing from abuse.

### **Pretty Tough Stuff, Dude!**

*Carolyn Cunningham & Kee McFarlane* \$11.95

A workbook designed for children suffering Post Traumatic Stress Disorder. Includes activities and guides for caregivers.

### **Put Together Your Own Life**

*Francess Day* \$50.00

Workbook for assisting in recovery after trauma, see above.

### **Trauma**

*David Denborough ed* \$41.95

Narrative responses to traumatic experience, thoughtful, wide-ranging, and experience based.

### **Post-Traumatic Stress Disorder In Children And Adolescents**

*Kedar Dwivedi* \$129.95

Comprehensive introduction, clinical assessment and treatment suggestions.

### **Real Rape, Real Pain**

*Patricia Easta* \$35.95

Help for women assaulted by male partners, written by and for survivors of partner rape.

### **Breaking The Cycle Of Abuse**

*Beverly Engel* \$41.95

How to move beyond your past to create an abuse-free future. For people who fear they may pass abuse on to their children.

### **Treating The Trauma Of Rape**

*Edna Foa* \$47.95

Straightforward treatment of psychological trauma based on CBT. Case examples included to help in assessing and treating survivors of sexual assault.

### **Invisible Girls: The Truth about Sexual Abuse**

*Patti Feuereisen* \$29.95

For teenage girls, and young women. The voices of young abuse survivors, together with Feuereisen's compassionate and practical advice, make this an important book for anyone who wants to begin to understand the trauma of sexual abuse, and how young women can survive it.

### **Effective Treatment For PTSD**

*Edna Foa ed* \$49.95

Practical guidelines, and a comprehensive overview of treatments available from leading clinicians.

### **Finding Life Beyond Trauma**

*Victoria Follette* \$37.95

A workbook format, using acceptance and commitment therapy to heal from post-traumatic stress and trauma-related problems.

### **Cognitive-Behavioral Therapies For Trauma**

*Victoria Follette ed* \$50.95

Comprehensive handbook of treatments for trauma from leading experts in the field.

### **Trauma Treatment Techniques**

*Jacqueline Garrick* \$59.95

Innovative trends in treatment of post-traumatic stress disorder, creative applications of nontraditional approaches.

### **Helping Abused And Traumatized Children**

*Eliana Gil* \$53.95

### **Perspectives On Loss And Trauma**

*John Harvey* \$95.00

Theory and research on all the most challenging types of human loss and trauma.

### **Overcoming Traumatic Stress**

*Claudia Herbert* \$24.95

Self-help guide using Cognitive Behavioral techniques.

**Trauma And Recovery**

*Judith Herman \$27.95*

Classic best-seller on all aspects of abuse from domestic to global. Essential reading for an overview of abuse.

**Treating Traumatized Children**

*Beverly James \$ 89.95*

New insights and creative interventions.

**Trauma In The Lives Of Children**

*Kendall Johnson \$36.95*

Crisis and stress management techniques for counselors, teachers, and other professionals.

**Overcoming Childhood Trauma**

*Helen Kennerley \$26.95*

Self-help guide using Cognitive Behavioural Techniques to change patterns of thought relating to trauma and abuse.

**A Man's Recovery From Traumatic Childhood Abuse**

*Robert Knight \$49.95*

Suitable for therapists, abuse survivors, and the people who love them. Written by a therapist about his own recovery from severe abuse and incest.

**Treating PTSD In Battered Women**

*Edward Kubany \$89.95*

A cognitive trauma therapy protocol; for managing trauma-related symptoms, building skills, assessing beliefs.

**The Trouble With Blame**

*Sharon Lamb \$44.95*

Victims, perpetrators and responsibility.

**Waking The Tiger**

*Peter Levine \$34.95*

Healing trauma through awareness of body sensations, a new and hopeful vision of recovery.

**Trauma Through A Child's Eyes**

*Peter Levine \$39.95*

Awakening the miracle of healing in children from infancy to adolescence.

**Restoring Hope And Trust**

*Lisa Lewis, Kay Kelly, Jon Allen \$41.95*

Illustrated guide to mastering trauma. Brilliant resource for clients suffering from complex PTSD. Therapists and partners of trauma victims will also find this book invaluable.

**After Abuse**

*Gita Mammen \$39.95*

Guide for health practitioners working with the mental health of adults who were sexually abused in childhood. Looks at the complex issues arising as aspects of mental health in later life.

**Children Who See Too Much**

*Betsy McAlister Groves \$39.95*

Insight and guidance for adults seeking to help children cope with trauma and violence. Steps to safety.

**Rape Work**

*Patricia Martin \$43.00*

Victims, gender, and emotions in organization and community context. For anyone working with rape/sexual assault survivors.

**I Can't Get Over It**

*Aphrodite Matsakis \$32.95*

Handbook for trauma survivors from a specialist in post-traumatic stress disorder.

**Trust After Trauma**

*Aphrodite Matsakis \$39.95*

Guide to relationships for survivors of trauma and those who love them,

**The Rape Recovery Handbook**

*Aphrodite Matsakis \$33.95*

Step by step guide for survivors of sexual assault looking for recovery from post traumatic stress after rape.

**In Harm's Way**

*Aphrodite Matsakis \$28.95*

How to cope when your partner is in a high risk profession, such as police, military, firefighter.

**The Body Never Lies**

*Alice Miller \$23.95*

From author of *The Drama Of The Gifted Child*, a new book on the lingering effects of cruel parenting.

**Insult To Injury**

*Linda Mills \$29.95*

A new look at responses to intimate abuse, and how the legal system deals with offenders. Controversial ideas about women's role in violence, and a challenge to feminist thought. Also looks at women's violence to children.

**The Boy Who Was Raised As A Dog**

*Bruce Perry \$31.95*

Stories from a child psychiatrist's notebook re what traumatized children can teach us about loss, love, and healing. Explanation of what happens to the brain when children are exposed to extreme stress.

**Treatment Of Child Abuse**

*Robert Reece \$68.95*

Common ground for mental health, medical, and legal practitioners, both expert and beginner professionals in the field.

**Life After Trauma**

*Dena Rosenbloom \$39.95*

A workbook for healing from traumatic experiences. For personal use or with a therapist / group.

**Trauma Model Therapy**

*Colin Ross \$38.95*

Treatment approach for trauma, dissociation and complex comorbidity.

**The Body Remembers**

*Babette Rothschild \$39.95*

The psychophysiology of trauma and trauma treatment, building a bridge between traditional verbal therapy and body-oriented therapies. Also available **The Body Remembers Casebook** \$27.95

**8 Keys To Safe Trauma Recovery**

*Babette Rothschild \$27.95*

Well thought out safe strategies to empower healing after trauma. From author of **The Body Remembers**.

**Predators, Pedophiles, Rapists, And Other Sex Offenders**

*Anna Salter* \$36.95

Who they are, how they operate, and how we can protect ourselves, and our children. Recommended for everyone who works with sex offenders or their victims. Unveils the frightening reality that nice people can do bad things.

**Transforming Abuse**

*K. Louise Schmidt* \$32.95

Articulates a non-violent resistance and recovery to all forms of abuse, as a way of transforming our society.

**Surviving And Transcending A Traumatic Childhood**

*Linda Skogrand et al eds* \$44.95

Personal stories of survival offering hope to those struggling to heal from childhood trauma.

**Healing Trauma**

*Marion Solomon & Daniel Siegel eds* \$74.95 Summarizes the best current thinking on attachment, mind, body, and brain, and therapies relating to trauma. Indispensable for therapists working with survivors.

**The Body Remembers**

*Babette Rothschild* \$56.95

The psychophysiology of trauma and trauma treatment. Builds a bridge between the practice of traditional verbal trauma therapy, and body-oriented therapies. A thorough approach to helping the traumatized.

**The Body Remembers Casebook** is also available \$31.95

**Traumatic Stress**

*Bessel Van Der Kolk et al* \$79.00

The effects of overwhelming stress experiences on mind, body, and society.

**The Making Of Me**

*Tegan Wagner* \$35.95

Courageous young woman speaks up after surviving a serious assault, and subsequent harrowing court appearances. Tegan was given the top Edna Ryan Award in 2007 for her amazing achievements, and for being an example to young women.

**Understanding Trauma And Emotion**

*Colin Wastell* \$45.95

Innovative practice manual for counselors and psychologists, showing practical relevance and compassion for both client and practitioner. Deals with trauma using emotion-focused approach. Australian publication.

*Prices can be increased by publishers without notice.*