

The Feminist Bookshop

Counselling and Social Work Books

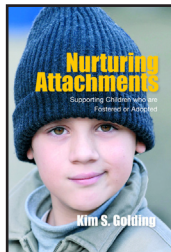
ATTACHMENT

Nurturing Attachments: Supporting Children Who Are Fostered or Adopted

Kim S Golding

Nurturing Attachments combines the experience and wisdom of parents and carers with that of professionals to provide support and practical guidance for foster and adoptive parents looking after children with insecure attachment relationships. This is an essential guide for adoptive and foster parents, professionals including health and social care practitioners, clinical psychologists, child care professionals, and lecturers and students in this field.

Pbk 240pp 9781843106142 A\$41.95 NZ\$53.95 2007 Jessica Kingsley Publishers



and incorporating also a global perspective.

Pbk 136pp 9781412946421 A\$49.95 NZ\$64 2008 Sage Publications Ltd

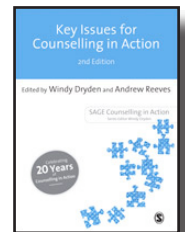
Key Issues for Counselling in Action 2ed

Windy Dryden and Andrew Reeves

Key Issues for Counselling in Action prepares new practitioners for face-to-face work with clients by looking at what is required at each stage of the process and examining issues which practitioners most frequently need to deal with along the way. The topics covered are relevant to all counsellors, regardless of theoretical orientation.

Pbk 336pp 9781412946995 A\$59.95 NZ\$77

2008 Sage Publications Ltd



Counselling Children: A Practical Introduction 3ed

Kathryn Geldard and David Geldard

Counselling Children is a highly acclaimed text, widely used in the practical skills training of counsellors, psychologists, social workers, occupational therapists, nurses, teachers, and other professionals who are involved in working with children. Written by bestselling authors Kathryn Geldard and David Geldard, the book presents the theory and practice of counselling children in straightforward, jargon-free terms.

Pbk 328pp 9781412948340 A\$64 NZ\$77 2007 Sage Publications Ltd



OZ Author

COUNSELLING TECHNIQUES

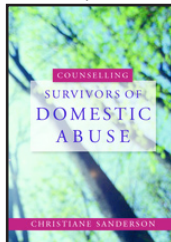
Counselling Survivors of Domestic Abuse

Christiane Sanderson

There has been growing awareness in recent years of the impact and consequences of domestic abuse, especially the relationship between domestic abuse and mental health. This book examines the therapeutic techniques and specific challenges, such as secondary traumatic stress, faced by professionals when working with survivors of domestic abuse.

This book is essential reading for counsellors, therapists, social workers, mental health professionals, health care professionals including GPs and midwives, managers of refugees, legal professionals and all those working with survivors of domestic abuse.

Pbk 272pp 9781843106067 A\$56.95 NZ\$72 2008 Jessica Kingsley Publishers

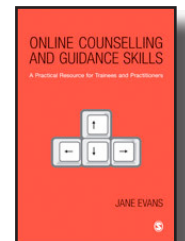


Online Counselling and Guidance Skills: A Practical Resource for Trainees and Practitioners

Jane Evans

Online Counselling and Guidance Skills is the first book to deal with the practicalities of working online. It looks at how practitioners need to adapt their basic counselling skills to the online environment and guides them through the process of setting up, defining and maintaining a working relationship with a client within professional, ethical and legal boundaries. Case studies and extracts from online sessions show how the skills are put into practice, while practical exercises and points for further consideration help readers to develop their own knowledge and skills.

Pbk 216pp 9781412948654 A\$52.95 NZ\$67 2008 Sage Publications Ltd



Blank Minds and Sticky Moments in Counselling: Practical Strategies and Provocative Themes 2ed

Janice Russell and Graham Dexter

Blank Minds and Sticky Moments in Counselling, Second Edition is a popular and down-to-earth guide to the common challenges which arise in everyday counselling practice. Drawing on humour and over 30 years' experience, the authors describe a range of strategies to help practitioners and trainees through the 'sticky' moments and offer reassurance that "you are not alone" in facing these dilemmas.

Pbk 248pp 9781412945776 A\$55.95 NZ\$71 2008 Sage Publications Ltd

A Short Introduction to Counselling Psychology

Vanja Orlans and Susan Van Scoyoc

A Short Introduction to Counselling Psychology brings together a wide range of information on the theory and practice of counselling psychology, written through the lens of direct practitioner experience,

Skills in Gestalt Counselling and Psychotherapy

Phil Joyce and Charlotte Sills

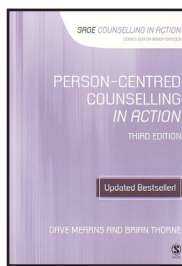
Skills in Gestalt Counselling and Psychotherapy is a practical introduction to the different techniques used at each stage of the counselling process. The book takes the reader through the process from beginning to termination and focuses on skills which arise out of Gestalt theory as well as those invoked by the counselling relationship.

Pbk 216pp 9780761956990 A\$61 NZ\$77 2001 Sage Publications Ltd

Person-Centred Counselling in Action 3ed

Dave Mearns

It is now almost twenty years since the first edition of *Person-Centred Counselling in Action* appeared. In that time this SAGE bestseller has maintained enormous popularity with trainees and practitioners and has achieved world-wide acclaim. This substantially revised Third Edition provides an excellent introduction to the theory and practice of person-centred counselling while incorporating exciting new developments in the approach. Pbk 264pp 9781412928557 A\$62 NZ\$78 2007 Sage Publications Ltd



Working with Anger and Young People

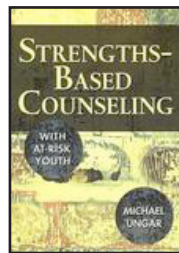
Nick Luxmoore

Understanding the roots of anger and encouraging appropriate and acceptable ways of expressing this are essential skills for anyone working with young people. *Working with Anger and Young People* warns against 'quick fix' solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful interventions for addressing anger effectively and moving on from it. Pbk 160pp 9781843104667 A\$34.95 NZ\$43.95 2006 Jessica Kingsley Publishers

Strengths-Based Counseling with At-Risk Youth

Michael Ungar

Now more than ever, counsellors, teachers, community youth workers, and parents are striving to prevent individual and school-wide tragedy before it happens. Critical to the success of their efforts is a deep respect for the adolescent experience. In this book, author and social worker Michael Ungar takes a fresh, hopeful approach to challenging youth by looking beyond the surface of "bad" behaviours to understand them as ways of coping with life's adversities. *Strengths-Based Counseling with At-Risk Youth* provides the tools both to understand and access strengths buried beneath problem behaviours. It offers specific, effective strategies in working with adolescents to construct positive identities and realistic action plans. Pbk 144pp 9781412928205 A\$51.95 NZ\$66 2006 Sage Publications Inc



Transcultural Counselling in Action 2ed

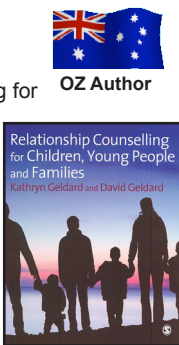
Patricia D'Ardenne and Aruna Mahtani

The second edition of this clear and practical guide is designed to help counsellors and professional helpers give effective, sensitive and appropriate support to clients from cultures other than their own. Patricia d'Ardenne and Aruna Mahtani illustrate the process of transcultural counselling using the contrasting case studies of four different clients, and highlight the impact of cultural issues at individual, community and global levels. Pbk 160pp 9780761963158 A\$63 NZ\$79 1999 Sage Publications Ltd

Relationship Counselling for Children, Young People and Families

Kathryn Geldard and David Geldard

This book is a practical skills-based introduction to relationship counselling. It covers couple counselling for parents, whole family counselling and counselling for children and young people with regard to their relationships with siblings, peers, and parents. The text also includes: an introduction to relationship counselling theory and concepts; discussion of the importance of relying on a clearly defined theory of change; ways to address parenting issues; an exploration of confidentiality, disclosing inappropriate behaviour and personal safety. Pbk 272pp 9781847875518 A\$65 NZ\$82 2008 Sage Publications Ltd



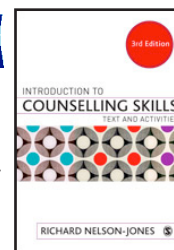
Introduction to Counselling Skills: Text and Activities 3ed

Richard Nelson-Jones

Introduction to Counselling Skills,



Third Edition is designed to help readers acquire and develop the counselling skills key to effective helping relationships, using an easy-to-follow, three-stage model. Richard Nelson-Jones details each stage in the helping process, using examples to demonstrate counselling skills in a variety of contexts. For the Third Edition, *Introduction to Counselling Skills* has been fully updated, adding new material on relaxation techniques and managing crises. Pbk 320pp 9781847873392 A\$61 NZ\$78 2008 Sage Publications Ltd



Group Supervision: A Guide to Creative Practice 2ed

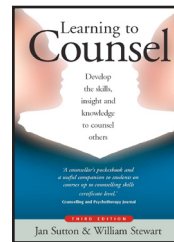
Brigid Proctor

Among the plethora of supervision books, *Group Supervision* is the only one dedicated to group work. Brigid Proctor shows how group supervision can provide a supportive environment in which practitioners learn from each others' experience, finding positive and creative ways of working with the diversity which characterises all groups. Pbk 248pp 9781847873354 A\$58.95 NZ\$74 2008 Sage Publications Ltd

Learning to Counsel: Develop the Skills You Need to Counsel Others 3ed

Jan Sutton and William Stewart

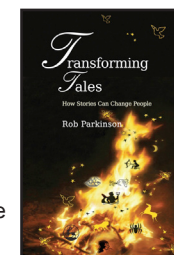
New edition of this user-friendly book - revised, updated and expanded with two extra chapters. It contains an abundance of illustrative graphics, case studies, examples of skills in practice, practical exercises, forms and checklists designed to stimulate learning. It is an ideal text for those contemplating a counselling course, trainee counsellors, counselling tutors to use in training, professionals working in the area of health care, management, and education, and counsellors working in the voluntary sector. Pbk 224pp 9781845283254 A\$37.95 NZ\$47.95 2008 How To Books



Transforming Tales: How Stories Can Change People

Rob Parkinson

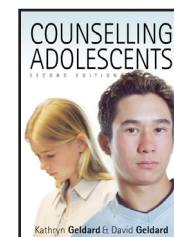
The power of story in our lives is far from adequately understood in contemporary culture. Equally the therapeutic power of storytelling, how it can quite literally entrance and even heal, has been ignored until recently. *Transforming Tales* reveals the true of impact of stories on our lives and how stories can create feelings of hope, take away psychological distress and even stimulate the immune system. Pbk 336pp 9781843109747 A\$43.95 NZ\$55.95 2009.02 Jessica Kingsley Publishers



Counselling Adolescents: A Pro-Active Approach 2ed

Kathryn Geldard and David Geldard

Gives an introduction to the principles and practices required for successful counselling, to show that working with adolescents can be both challenging and effective. This book covers: how to understand the adolescent as a person; the pro-active approach of working with adolescents; and the counselling skills and strategies needed. Pbk 256pp 9781412902359 A\$64 NZ\$77 2004 Sage Publications Ltd



Jessica Kingsley Publishers

FOR THE PROFESSIONAL

Supporting Young Parents: Pregnancy and Parenthood among Young People from Care

Elaine Chase, Abigail Knight, Ian Warwick and Peter Aggleton

Supporting Young Parents explores early pregnancy and parenthood from the perspectives of young men and women in and leaving care. This book draws on authoritative research into the reasons for and experiences of pregnancy and parenthood among young people from local authority care. It questions the assumptions that early parenthood always limits young people's choices and opportunities and examines the types of support most likely to enable successful parenting.

Pbk 176pp 9781843105251 A\$44.95 NZ\$56.95 2008 Jessica Kingsley Publishers



FOSTER CARERS

Great Answers to Difficult Questions about Adoption: What Children Need to Know

Fanny Cohen Herlem

Why was I abandoned? Why did my parents adopt me? What if I want to meet my biological parents? Children who find out they are adopted have many questions that are difficult for a parent to answer. This book explores children's thoughts and feelings and provides parents with guidance on how to respond to difficult questions.

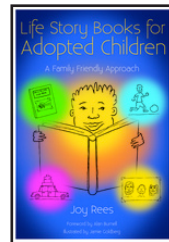
Pbk 112pp 9781843106715 A\$24.95 NZ\$31.95 2008 Jessica Kingsley Publishers

Life Story Books for Adopted Children: A Family Friendly Approach

Joy Rees

This clear and concise book shows a new family-friendly way to compile a Life Story Book that promotes a sense of permanency for the child, and encourages attachments within the adoptive family. Joy Rees' improved model works chronologically backwards rather than forwards, aiming to reinforce the child's sense of belonging and security within the adoptive family before addressing the child's past and early trauma. The book contains simple explanations of complex concepts, practical examples and helpful suggestions.

Pbk 80pp 9781843109532 A\$29.95 NZ\$39.95 2009.02 Jessica Kingsley Publishers



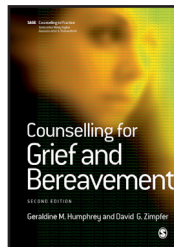
GRIEF

Counselling for Grief and Bereavement 2ed

Geraldine Humphrey and David G Zimpfer

In *Counselling for Grief and Bereavement*, Second Edition Geraldine Humphrey and David Zimpfer take readers step-by-step through the skills needed to facilitate the process of grief, initiate healing and promote a sense of growth. Providing a firm theoretical base, the authors discuss the concepts and categories of attachment, loss and grief. Carefully chosen case examples are included throughout and specific attention is paid to ethics and to the possible need for referral.

Pbk 192pp 9781412935661 A\$63 NZ\$79 2007 Sage Publications Ltd



Working with Loss and Grief: A New Model for Practitioners

Linda Machin

Working with Loss and Grief provides a new model which makes clear connections between theory and practice. The Range of Response to Loss model provides a theoretical 'compass' for recognising the wide variability in reaction to loss and the Adult Attitude to Grief scale is a tool for 'mapping' individual grief and its change over time, providing an individual grief profile.

Pbk 216pp 9781412946681 A\$54.95 NZ\$69 2008 Sage Publications Ltd

Grief in Children: A Handbook for Adults 2ed

Atle Dyregrov

This fully updated second edition of *Grief in Children* explains children's understanding of death at different ages and gives a detailed outline of exactly how the adults around them can best help them cope. Illustrated with case studies and incorporating current research, this book is essential reading for parents, carers, counsellors, teachers and all those concerned with the welfare of bereaved children.

Pbk 208pp 9781843106128 A\$37.95 NZ\$47.95 2008 Jessica Kingsley Publishers

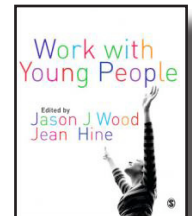
SOCIAL WORK

Work with Young People: Theory and Policy for Practice

Jason J Wood and Jean Hine

This authoritative text is a must-read for anyone working, or training to work, with young people. It considers how theory, policy and practice intersect and influence one another in today's challenging and rapidly changing social, economic and political contexts. An essential companion for the professional training of youth workers, this core text will also be of interest to students in a wide range of fields such as education, criminology and youth justice, sociology and social policy.

Pbk 272pp 9781412928854 A\$62 NZ\$79 2009.03 Sage Publications Ltd



Writing Skills for Social Workers

Karen Healy and Joan Mulholland

Social workers are required to communicate in writing for a range of purposes, and to write effectively for a range of audiences, such as clients, team members, magistrates and policy makers. *Writing Skills for Social Workers* aims to raise the profile of writing skills in social work practice, and to enhance social workers' written communication skills.

Pbk 224pp 9781412920728 A\$49.95 NZ\$63 2007 Sage Publications Ltd



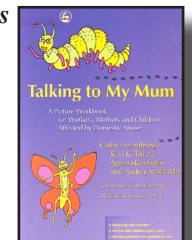
OZ Author

Talking to My Mum: A Picture Workbook for Workers, Mothers and Children affected by Domestic Abuse

Catherine Humphreys, Ravi K Thiara, Agnes Skamballis and Audrey Mullender

Talking to My Mum is an activity pack for 5–8-year-olds whose families have experienced domestic abuse to help and encourage them to open up to their mothers about their distressing experiences. Based on the authors' work with families who have experienced domestic abuse, the book is full of illustrated worksheets featuring animal characters who encourage the young reader to explore a range of memories, such as changes in the family's living arrangements or happy memories with siblings or favourite toys that each prompt a particular emotion.

Pbk 112pp 9781843104223 A\$39.95 NZ\$49.95 2006 Jessica Kingsley Publishers



Essential Skills for Youth Work Practice

Kate Sapin

This indispensable text analyses the key skills in youth work, from the initial steps through to supervision, that can be applied across a range of settings and roles. Throughout the book, practical examples grounded in participatory and anti-oppressive practice address the core values and the purpose of youth work. Examples of key texts, definitions and theories are also provided.

Pbk 248pp 9781412930932 A\$58.95 NZ\$74 2008 Sage Publications Ltd

Childhood Denied: Ending the Nightmare of Child Abuse and Neglect

Kathleen Kelley Reardon and Christopher T Noble

This book delves into the reasons for continuous disregard politically, legally, socially of children at risk for abuse and neglect. It examines where we've been and why we're not making more progress and



provides ways to finally bring this travesty to an end. It is intended as an aid to child advocates - a way to bring their research and expertise to people who can make huge improvements in the lives of children at risk for abuse and neglect.

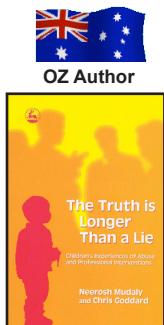
Pbk 248pp 9781412939775 A\$59.95 NZ\$76 2009.01 Sage Publications Inc

The Truth is Longer Than a Lie: Children's Experiences of Abuse and Professional Interventions

Nerosh Mudaly and Chris Goddard

The Truth is Longer Than a Lie provides important insights into children's experiences of abuse and their perception of professional intervention. Mudaly and Goddard promote the emerging child-centred approach to research, which provides children with an opportunity to talk about abuse and its effects on their lives, their views on the reasons for abuse, their opinions of abusers and non-offending parents and the dynamics of disclosing abuse.

Pbk 192pp 9781843103172 A\$43.95 NZ\$54.95 2006 Jessica Kingsley Publishers



Teaching Social Skills to Youth with Mental Health Disorders: Incorporating Social Skills into Treatment Planning for 109 Disorders

Jennifer Resetar Volz, Tara Snyder and Michael Sterba

Research and experience show that children and adolescents who struggle with emotional, behavioural and social problems do improve when they learn pro-social skills. Social skill instruction, therefore, can be a vital component in the treatment planning for a child diagnosed with a mental health disorder. *Teaching Social Skills to Youth with Mental Health Disorders* is a guide for therapists, counsellors, psychologists, educators, and other practitioners trying to help these youth get better.

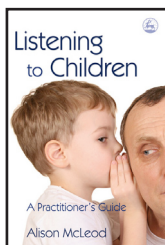
Pbk 184pp 9781934490105 A\$55.95 NZ\$71 2009.02 Boys Town Press

Listening to Children: A Practitioner's Guide

Alison McLeod

Starting with an introduction to the policy and practice of listening to children and young people, both individually and in groups, this practitioner's guide provides a range of practical techniques for effective listening, encompassing observation and communication, seeing things from the child's point of view, explaining difficult concepts, helping young people to talk about their experiences and express their feelings, promoting participation and eliciting their wishes and views.

Pbk 224pp 9781843105497 A\$41.95 NZ\$52.95 2008 Jessica Kingsley Publishers



Safeguarding Adults: A Workbook for Social Care Workers

Suzan Collins

Working in residential or domiciliary settings involves a responsibility to safeguard adults from harm and abuse. This workbook will provide staff and relatives with the ability to make sensible choices concerning prevention and protection, as well as responding to and reporting concerns.

Pbk 64pp 9781843109280 A\$28.95 NZ\$35.95 2009.03 Jessica Kingsley Publishers

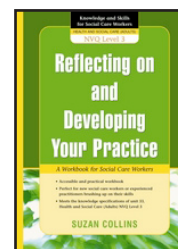
Reflecting on and Developing Your Practice: A Workbook for Social Care Workers

Suzan Collins

Reflecting On and Developing Your Practice

is an accessible, interactive workbook providing social care workers with guidance on how to improve your knowledge through training and development. It advises how to keep up to date with the latest developments, but also how to reflect and improve upon your own practice. It also provides information about different approaches to learning and how to draw on your experience when working in new and unfamiliar situations.

Pbk 64pp 9781843109303 A\$28.95 NZ\$35.95 2009.04 Jessica Kingsley Publishers



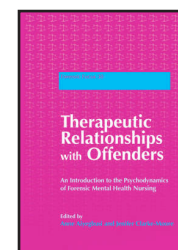
Therapeutic Relationships with Offenders: An Introduction to the Psychodynamics of Forensic Mental Health Nursing

Anne Aiyebusi and Jenifer Clarke-Moore

Therapeutic Relationships with Offenders provides essential

information for mental health nurses working in the forensic field and will be of interest to any professionals working with challenging populations and people with personality disorders. The first book to consider the emotional and relational component of forensic mental health nursing, the chapters cover a number of specialist forensic areas from this psychodynamic perspective, such as women's services, services for people with personality disorders, intensive care, high security psychiatric hospitals, medium secure units and services for adolescent offenders.

Pbk 240pp 9781843109495 A\$52.95 NZ\$67 2008 Jessica Kingsley Publishers



TRAUMA

Fostering a Child's Recovery: Family Placement for Traumatized Children

Mike Thomas and Terry Philpot

Many children and young people in care today are fostered, but for those who have suffered severe trauma this only increases problems and leads to fostering breakdown and multiple moves. This practical and evidence-based book outlines the principles of family placement for such children, and explores the qualities, skills and insights that create positive placement outcomes. *Fostering a Child's Recovery* shows how the key to good fostering is well-trained, valued and skilled foster carers who form part of a team of professionals who surround the child.

Pbk 160pp 9781843103271 A\$36.95 NZ\$45.95 2009.01 Jessica Kingsley Publishers



FEM C 0409

The Feminist Bookshop

Shop 9 Orange Grove Plaza, Lilyfield Sydney NSW 2040

Ph: 02 9810 2666 Fax: 02 9818 5745 Email: feministbookshop@iprimus.com.au

Name: _____ Signature: _____

Address _____ P/Ph: _____

Fax: _____

Visa Mastercard Bankcard Amex Card No: _____

Exp: ____/____

Please indicate if invoice required.

Postage will be added to your credit card or invoice. Books will be back-ordered if they are out of stock, and posted as soon as possible. Prices are subject to change without notice.