

The Feminist

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Counselling and Psychotherapy 4

Principles of Trauma Therapy: A Guide to Symptoms, Evaluation and Treatment

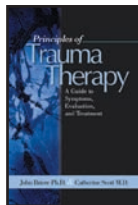
John Briere

Principles of Trauma Therapy

provides a creative synthesis of cognitive-behavioral, relational/psychodynamic, and psychopharmacologic approaches to the "real world" treatment of acute and chronic posttraumatic states.

Grounded in empirically-supported trauma treatment techniques, and adapted to the complexities of actual clinical practice, it is a hands-on resource for both front-line clinicians in public mental health and those in private practice.

Pbk 280pp 9780761929215 \$63



Primer on Rational-Emotive Therapy 2ed

Windy Dryden, Raymond DiGiuseppe & Michael Neenan

Newly revised to reflect recent developments in the theory and practice of *Rational Emotive Behavior Therapy*. This book presents a very clear, concise overview of the central principles of Rational Emotive Therapy (RET). It discusses rational versus irrational thinking, the ABC framework, the three basic musts that interfere with rational thinking, and the theory of change in RET.

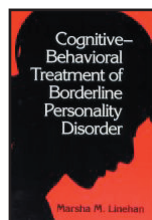
Pbk 114pp 9780878224784 \$27.95

Cognitive Behavioral Treatment of Borderline Personality Disorder

Marsha M Linehan

The two volumes in Dr. Linehan's program cover the full range of borderline conditions. In her far-reaching classic, *Cognitive-Behavioral Treatment of Borderline Personality Disorder*,

Linehan describes in persuasive clinical detail the development and implementation of DBT. Because the behavioral skills training element of her program



is so critical for working with borderline individuals, the companion *Skills Training Manual* presents session-by-session guidelines for imparting and integrating into the patient's repertoire four key psychosocial skills notably absent in borderlines.

Hbk 500pp 9780898621839 \$107

Skills Training Manual for Treating Borderline Personality Disorders

Marsha M Linehan

Pbk 140pp 9780898620344 \$61

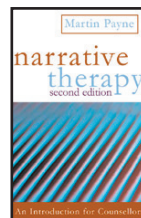
Narrative Therapy 2ed

Martin Payne

Narrative Therapy, Second Edition,

offers a clear, concise overview of the narrative approach without oversimplifying its theoretical underpinnings and practice. Narrative therapy places stories at the heart of the therapeutic process and focuses on the importance of people's expressions of their experiences of life. Its main premise is that the telling and re-telling of life experiences through story-telling in a therapeutic setting can enable difference and change within the life of the client.

Pbk 256pp 9781412920131 \$68



Writing Skills for Social Workers

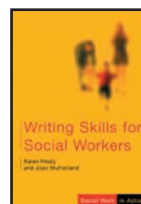
Karen Healy and Joan Mulholland

Social workers are required to communicate in writing for a range of purposes, and to write effectively for a range of audiences, such as clients, team members, magistrates and policy makers. *Writing Skills for Social Workers* aims to raise the profile of writing skills in social work practice, and to enhance social workers' written communication skills.

Pbk 208pp 9781412920728 \$53.95 2007.02 Sage Publications Ltd



OZ Author

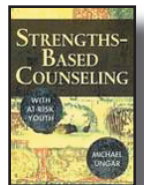


Strengths-Based Counseling with At-Risk Youth

Michael Ungar

Now more than ever, counsellors, teachers, community youth workers, and parents are striving to prevent individual and school-wide tragedy before it happens. Critical to the success of their efforts is a deep respect for the adolescent experience. In this book, author and social worker Michael Ungar takes a fresh, hopeful approach to challenging youth by looking beyond the surface of "bad" behaviors to understand them as ways of coping with life's adversities. *Strengths-Based Counseling With At-Risk Youth* provides the tools both to understand and access strengths buried beneath problem behaviors. It offers specific, effective strategies in working with adolescents to construct positive identities and realistic action plans.

Pbk 152pp 9781412928205 \$43.95



Dual Diagnosis : Counselling the Mentally Ill Substance Abuser 2ed

Katie Evans & J Michael Sullivan

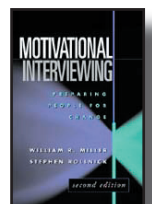
This comprehensive examination of the complex relationship between addictive disorders and other psychiatric conditions will meet the needs of a wide range of audiences. The authors combine research-based recommendations with a richness of detail and insight. They write with a vividness that can only be achieved by seasoned clinicians.

Pbk 284pp 9781572304468 \$48.95

Motivational Interviewing 2ed : Preparing People For Change

William R Miller & Stephen Rollnick

Since the initial publication of this breakthrough work, motivational interviewing (MI) has been used by countless clinicians. Theory and methods have evolved apace, reflecting new knowledge on the process of behavior change, a growing body of outcome research, and the development of new applications within and beyond the addictions field. Extensively rewritten,

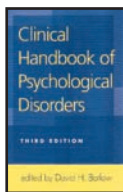


this revised and expanded second edition now brings MI practitioners and trainees fully up to date.
Hbk 426pp 9781572305632 \$79

Clinical Handbook of Psychological Disorders : a Step-by-Step Treatment Manual 3ed

David H Barlow

Now in a revised and updated third edition, this classic text provides detailed, practical guidelines for treating the most commonly encountered adult disorders. The latest advances in evidence-based practice are reflected in chapters from an expert array of scientist practitioners. The third edition features new chapters on bipolar disorder, cocaine dependence, and interpersonal psychotherapy for depression, as well as broader coverage of alcohol use disorders and sexual dysfunction.



Hbk 660pp 9781572306110 \$112 2001.07

Treating Attachment Disorders : From Theory to Therapy

Karl Heinz Brisch [trans. Kenneth Kronenberg]

This book should be required reading for clinicians and graduate students involved in working with or learning about children and families beset by attachment disorders. While numerous other works review attachment disorders, this outstanding book goes a step further, navigating an easily accessible path into the multifaceted domain of psychodynamic treatment.

Pbk 295pp 9781593850449 \$46.95 2004.04
Guilford Publications Inc

Mindfulness & Psychotherapy

Christopher K Germer, Ronald D Siegel & Paul R Fulton

Responding to growing interest among psychotherapists of all theoretical orientations, this practical book provides a comprehensive introduction to mindfulness and its contemporary clinical applications. The authors, who have been practicing both mindfulness and psychotherapy for decades, present a range of clear-cut procedures for practicing implementing mindfulness techniques and teaching them to patients experiencing depression, anxiety, chronic pain, and other problems.

Hbk 322pp 9781593851392 \$66

Treating Trauma & Traumatic Grief in Children & Adolescents

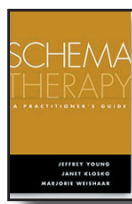
Judith A Cohen, Anthony P Mannarino & Esther Deblinger

This is one of the first books to present a systematic treatment approach, grounded in cognitive-behavioral therapy, for traumatized children and their families. Provided is a comprehensive framework for assessing posttraumatic stress disorder, depression, anxiety, and other symptoms; developing a flexible, individualized treatment plan; and working collaboratively with children and parents to build core skills in such areas as affect regulation and safety.

Schema Therapy : A Practitioner's Guide

Jeffrey Young, Janet Klosko & Marjorie E Weishaar

This book - written by the model's developer and two of its leading practitioners - is the first major text for clinicians wishing to learn and use this popular integrative approach. Provided in one comprehensive volume are an authoritative conceptual overview and step-by-step guidelines for assessment and treatment. Clinicians learn innovative ways to rapidly conceptualize challenging cases



Pbk 436pp 9781593853723 \$51.95

Truth is Longer Than a Lie: Children's Experiences of Abuse and Professional Interventions

Nerosh Mudaly & Chris Goddard

The Truth is Longer Than a Lie provides important insights into children's experiences of abuse and their perception of professional intervention. Mudaly and Goddard promote the emerging child-centred approach to research, which provides children with an opportunity to talk about abuse and its effects on their lives, their views on the reasons for abuse, their opinions of abusers and non-offending parents and the dynamics of disclosing abuse.



OZ Author



Pbk 192pp 9781843103172 \$49.95

Talking to My Mum: A Picture Workbook for Workers, Mothers and Children affected by Domestic Abuse

Catherine Humphreys

Talking To My Mum is an activity pack for 5-8-year-olds whose families have experienced domestic abuse to help and encourage them to open up to their mothers about their distressing experiences. Based on the authors' work with families who have experienced domestic abuse, the book is full of illustrated worksheets featuring animal characters who encourage the young reader to explore a range of memories, such as changes in the family's living arrangements or happy memories with siblings or favourite toys that each prompt a particular emotion.



Pbk 112pp 9781843104223 \$45.95

Talking About Domestic Abuse: A Photo Activity Workbook to Develop Communication between Mothers and Young People

Catherine Humphreys

Talking About Domestic Abuse is an activity pack for children of 9 years and above and adolescents where families have experienced domestic abuse, to help and encourage them to open up to their mothers about their distressing experiences. Based on the authors' work with families who have experienced domestic abuse, the activities are designed around four important themes: building self-esteem; naming feelings; facilitating communication between mothers and children; and talking about personal experiences, including domestic violence, and are accompanied by photographs which act as prompts for discussion.



Pbk 112pp 9781843104230 \$45.95

Working with Anger and Young People

Nick Luxmoore

Understanding the roots of anger and encouraging appropriate and acceptable ways of expressing this are essential skills for anyone working with young people. *Working with Anger and Young People* warns against 'quick fix' solutions to dealing with anger, and draws on the author's experiences of youth counselling and training workshops to propose helpful interventions for addressing anger effectively and moving on from it.

Pbk 160pp 9781843104667 \$39.95

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