

The Feminist Bookshop

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LESBIAN LIFE SKILLS BOOKLIST

Sexuality, relationships, self-esteem, health, addiction, coming out, families, and more

From Wedded Wife To Lesbian Life

Deborah Abbott & Ellen Farmer \$24.95

Brilliant anthology of different voices, looks at the complexity of sexuality in the lives of women who have married and then come out as lesbians. Examines family conflict, custody battles, financial strain, and the struggle to achieve independence.

Midlife Lesbian Relationships

Marcy Adelman ed \$39.95

Informative and insightful look into cultural experiences of lesbians in middle-age, describes experiences of ageing, loss of parents, long-term relationships, or life alone.

Relationship Therapy With Same-Sex Couples

Jerry Bigner \$44.95

Inspiring therapists and trainee therapists to be more competent for the GLBTI population.

Ultimate Guide To Cunnilingus

Violet Blue \$27.95

How to give exquisite pleasure to a woman. This is a guide for anyone making love to a woman.

Family Outing

Chastity Bono \$35.95

Guidelines on coming out to family, friends, or in the workplace.

Woman To Woman

Carol Booth \$27.95

Guide to lesbian sexuality by an Australian lesbian doctor. Straight-forward and accessible guide to sexual enjoyment and intimacy.

Coming Out Of Cancer

Victoria Brownworth ed \$33.95

In the USA cancer seems to be affecting lesbians at a disproportionate rate. A number of writers, including the late, great Audrey Lorde, contribute insights, and show us a community of unflinching strength, activism, and a will to survive.

Ceremonies Of The Heart

Becky Butler ed \$39.95

Beautiful book celebrating lesbian unions.

On Our Backs Guide To Lesbian Sex

Diana Cage ed \$34.95

Best writing on lesbian sexuality from many years of the magazine *On Our Backs*. Contributors include Anna Sprinkle, Joann Loulan, Michelle Tea.

The Lesbian Sex Book

Wendy Caster \$39.95

Everything you need to know about what women do in bed together! Covers relationships, health issues,

and psychological issues that shape the lesbian experience.

Affirmative Psychotherapy & Counselling For Lesbians & Gay Men

Jeffrey Chernin \$65.00

Insightful and timely research, practice, and advocacy information for therapists working with lesbians and gay men.

Lesbian Couples

Merilee Clunis & Dorsey Green \$25.95

Creating happy and healthy relationships, extremely readable, informative, helpful.

Break Up Or Break Through

Dina Evan \$28.95

A spiritual guide to richer gay and lesbian relationships, deeper communication, and removal of barriers to intimacy.

Side By Side

Andrew Gottlieb \$29.95

On having a gay or lesbian sibling, written by siblings themselves who love their gay/lesbian sisters or brothers.

Addictions In The Gay & Lesbian Community

Jeffrey Guss \$49.95

Will be of interest to counselors and therapists working in field of addiction.

Lesbians In Committed Relationships: Extraordinary Couples, Ordinary Lives

Lynn Haley-Banez \$32.95

Meet four couples and hear their personal stories of making committed relationships work.

Queer Blues

Kimeron Hardin & Marny Hall \$33.95

Lesbian and gay guide to overcoming depression: clear, informative, heartening. Useful also for friends of those suffering from depression.

Loving Ourselves

Kimeron Hardin \$29.95

Gay and lesbian guide to self-esteem, uplifting and empowering.

Lesbian Kama Sutra

Kat Harding \$39.95

Informative and beautiful lesbian sex manual, based on teachings of Kama Sutra and illustrated with exquisite artworks, and tasteful drawings. Now in paperback.

Midlife And Older LGBT Adults

Ski Hunter \$39.95

Insight into issues arising when working with older LGBT people.

Staying Power

Susan Johnson \$24.95

Study of lesbian couples who have been together 10 years or more, and describe what has worked for them.

Hearts Cracked Open DVD

Betsy Kalin \$42.95

A delightful look into the erotic world of lesbian Tantra, made by women for women, interviews with lesbians of all ages.

Intimate Betrayal

Ellyn Kaschak ed \$34.95

Domestic violence in lesbian relationships. Essays on a taboo subject, useful for individuals, couples, and therapist

Zest For Life

Jennifer Kelly \$27.95

Lesbian experience of menopause, and how older lesbians are breaking down stereotypes of ageing.

Coming Out Coming Home

Michael La Sala \$51.95

Helping families adjust to a gay or lesbian child. Useful for counselors and therapists.

Off The Rag

Lee Lynch & Akia Woods ed \$28.95

Some of the best lesbian writers of today offer a powerful and delightful view of their menopausal lives. There's a transforming passage to wisdom and liberty ahead.

The Loving Lesbian

Claire McNab & Sharon Gedan \$29.95

Written by and for women who love women, a practical guide to achieving enriching relationships on the psychological and sexual level. Improve communication and avoid repeating past mistakes.

The Whole Lesbian Sex Book

Felice Newman \$44.95

Intelligent, sexy, humorous, and wise guide about sexuality for lesbians of every persuasion, including transgender lesbians. Revised and expanded.

Ultimate Guide To Pregnancy For Lesbians

Rachel Pepper \$29.95

Tips and techniques from conception through to birth for lesbians planning pregnancy. Practical ideas on how to take care of yourself, support for partners, and legal rights. Revised and expanded.

Empowering The Tribe

Richard Pimental-Habib \$21.95

A positive guide to lesbian and gay self-esteem, emotional health and lasting happiness.

Can't Touch My Soul

Donna Rafanello \$32.95

Lesbian survivors of child sexual abuse share their stories and recovery.

Girl 2 Girl

Norrina Rashid \$27.95

Young lesbian and bisexual women discuss life, love, being young and loving women.

Violence In Gay And Lesbian Domestic Partnerships

Claire Renzetti & Charles Miley eds \$29.95

No More Secrets: Violence In Lesbian Relationships

Janice L. Ristock \$69.95

The Guide To Lesbian Sex

Jude Schell \$53.95

Informative, instructive, and engaging sex manual.

True Secrets Of Lesbian Desire

Renate Stendhal \$31.95

Experienced counselor writes on keeping sex alive in long-term lesbian relationships.

Married Women Who Love Women

Carren Stronck \$37.95

Married women dealing with lesbian desire with various consequences. The power of female attraction and the complex relationships women form.

The Lesbian Health Book

Jocelyn White & Marissa Martinez ed \$36.95

Wide range of voices from the lesbian community including doctors and other health care workers, health activists, and women facing illness. Covers issues such as parenting, pregnancy, breast cancer, AIDS, menopause, mental health.

See also our list Lesbian & Gay Parenting Skills, Coming Out, Lesbian Youth, Transgender Issues, and Queer Politics

Prices can change without notice due to publisher increases beyond our control