

The Feminist Bookshop

Books for Working with Children

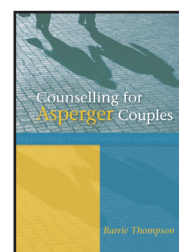
AUTISM AND ASPERGER'S

Counselling for Asperger Couples

Barrie Thompson

Counselling for Asperger Couples is the first book to provide a complete model for counselling couples where one partner has Asperger Syndrome (AS). The book provides details of the seven different stages of the model and includes anecdotal evidence from clients who have used it.

Pbk 144pp 9781843105442 A\$57.95 NZ\$73 2008 Jessica Kingsley Publishers



My Social Stories Book

Carol Gray and Abbie Leigh White

Carol Gray's social stories have been found to be very effective in teaching social and life skills to children on the autism spectrum. Taking the form of short narratives, the stories in *My Social Stories Book* take children step-by-step through basic activities such as brushing your teeth, taking a bath and wearing a safety belt in the car.

Pbk 160pp 9781853029509 A\$31.95 NZ\$39.95 2001 Jessica Kingsley Publishers

Asperger's Syndrome: A Guide for Parents and Professionals

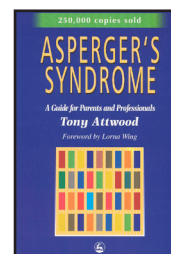
Tony Attwood

Tony Attwood's guide will assist parents and professionals with the identification, treatment and care of both children and adults with Asperger's Syndrome. The book provides a description and analysis of the unusual characteristics of the syndrome and practical strategies to reduce those that are most conspicuous or debilitating.

Pbk 240pp 9781853025778 A\$32.95 NZ\$39 1997 Jessica Kingsley Publishers



OZ Author



All Cats Have Asperger Syndrome

Kathy Hoopmann

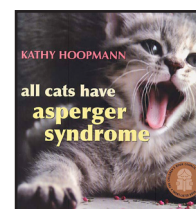
All Cats Have Asperger Syndrome takes a playful look at Asperger Syndrome (AS), drawing inspiration from the feline world in a way that will strike a chord with all those who are familiar with AS. This engaging book is an ideal, gentle introduction to the world of AS.

Shortlisted by the Children's Book Council of Australia 2007

Hbk 72pp 9781843104810 A\$26.95 NZ\$32 2006 Jessica Kingsley Publishers



OZ Author



BOOKS FOR CHILDREN

What to Do When You Grumble Too Much: A Kid's Guide to Overcoming Negativity

Dawn Huebner

What to Do When You Grumble Too Much guides children and their parents through the cognitive-behavioural techniques used to treat negative thinking. Lively metaphors and illustrations help kids see life's hurdles in a new way, while drawing and writing activities help them master skills to get over those hurdles. And step-by-step instructions point the way toward becoming happier, more positive kids. This interactive self-help book is the complete resource for educating, motivating, and empowering children to work toward change. Ages 6-12.

Pbk 88pp 9781591474500 A\$32.95 NZ\$39.95 2006 Magination Press

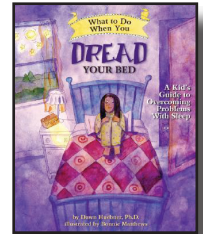


What to Do When You Dread Your Bed: A Kid's Guide to Overcoming Problems with Sleep

Dawn Huebner

Wouldn't it be great if you could climb into bed, snuggle under your covers, and fall asleep without any fuss or fear? Without listening for noises or thinking about bad guys? Without an extra drink, or an extra hug, or an extra trip to the bathroom? Bedtime is tough for many kids. If you're a kid who dreads your bed, and are convinced that nothing short of magic will make nighttime easier, this book is for you. Ages 6-12.

Pbk 96pp 9781433803185 A\$34.95 NZ\$43.95 2008 Magination Press



Murphy's Three Homes: A Story for Children in Foster Care

Jan Levinson Gilman and Kathy O'Malley

Murphy, a Tibetan Terrier puppy is told he is a "good luck dog" - he is cheerful, happy, and loves to play and wag his tail. However, after going through two different homes and an animal shelter, Murphy starts to feel like a "bad luck dog" who nobody wants. **Murphy's Three Homes** follows this adorable pup through his placement in three new homes, as well as through his anxiety, self-doubt, and hope for a new, loving family. Finally, Murphy is placed in a caring foster home where he feels comfortable and valued. Ages 4-8.

Pbk 32pp 9781433803857 A\$31.95 NZ\$38.95 2008 Magination Press

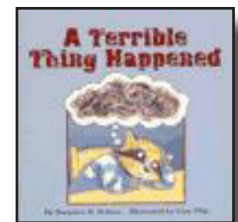


A Terrible Thing Happened

Margaret Holmes

Sherman Smith saw the most terrible thing happen. Ever since, he has had bad dreams, stomach aches, and nervousness. This gently told story is for children who have witnessed violence, and it includes a resource section for parents and other caregivers offering guidance on how to help children, as well as a list of other sources that focus on specific events. Ages 4-8.

Pbk 32pp 9781557987013 A\$18.95 NZ\$23.95 2000 Magination Press

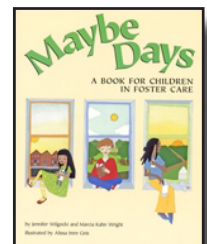


Maybe Days - a Book for Children in Foster Care

Jennifer Wilgocki and Marcia Kahn Wright

Will I live with my parents again? Will I stay with my foster parents forever? For children in foster care, the answer to many questions is often 'maybe.' **Maybe Days** addresses the questions, feelings, and concerns these children most often face. Honest and reassuring, it also provides basic information that children want and need to know, including the roles of various people in the foster care system and whom to ask for help. For ages 4-10 years - illustrated in full colour.

Pbk 32pp 9781557988027 A\$19.95 NZ\$26.95 2002 Magination Press



Why Are You So Sad?: A Child's Book About Parental Depression

Beth Andrews

When a parent has depression, children often feel sad and confused themselves. This wonderfully illustrated, interactive book can help by explaining depression and its treatment in terms kids will understand, providing practical tips for coping with a parent's depression, helping children understand and express their feelings, and more. For children aged 3-8 years.

Pbk 32pp 9781557988874 A\$18.95 NZ\$23.95 2002 Magination Press

Help Me Say Goodbye: Activities For Helping Kids Cope When a Special Person Dies

Janis Silverman

An art therapy and activity book for children coping with the death of someone they love. Sensitive exercises address the questions and fears that kids may have during such an emotional and troubling event. Janis Silverman has taught in public and private schools for twenty-five years. She has an M.A. in Special Education and has authored three previous educational books.

Pbk 32pp 9781577490852 A\$18.95 NZ\$23.95 1999 Fairview Press

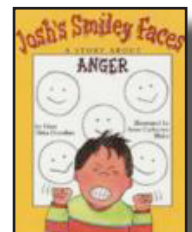


Josh's Smiley Faces: A Story About Anger

Gina Ditta-Donahue

When Josh is angry, he throws his toys, breaks things, and even hits his little brother. Mom says it's time for Josh to learn better ways to get his mad feelings out. With the help of a chart of smiley faces, Josh starts to use his words, get along better with others-and feel more 'smiley' himself! **Josh's Smiley Faces** provides a simple yet effective tool for parents to help their young children learn how to express anger, frustration, and other difficult emotions. Ages 3-6.

Pbk 32pp 9781591470014 A\$18.95 NZ\$23.95 2003 Magination Press



Putting on the Brakes: Understanding and Taking Control of your ADD or ADHD 2ed

Patricia O Quinn and Judith M Stern

All you need to know about attention deficit disorder is included in this updated edition of the bestselling classic, **Putting on the Brakes**. This resource for young people, their parents, and professionals is now revised and expanded, covering the newest techniques in diagnosing and treating ADHD, including updated information about: medication; organisation and time management strategies; the most current techniques in relaxation and tips on how to ask for help, guidance, and support in managing ADHD and its symptoms. Ages 8-13.

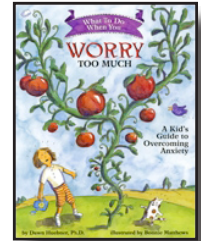
Pbk 88pp 9781433803871 A\$28.95 NZ\$35.95 2008 Magination Press

What to Do When You Worry Too Much: A Kid's Guide to Overcoming Anxiety

Dawn Huebner

What to Do When You Worry Too Much is an interactive self-help book designed to guide 6-12 year olds and their parents through the cognitive-behavioural techniques most often used in the treatment of generalised anxiety. Metaphors and humorous illustrations make difficult concepts easy to understand, while prompts to draw and write help children to master new skills related to reducing anxiety. Ages 6-12.

Pbk 80pp 9781591473145 A\$32.95 NZ\$39.95 2005 Magination Press



What to Do When Your Brain Gets Stuck: A Kid's Guide to Overcoming OCD

Dawn Huebner

What To Do When Your Brain Gets Stuck guides children and their parents through the cognitive-behavioural techniques used to treat Obsessive Compulsive Disorder. Revealing OCD in a whole new light, this interactive self-help book turns kids into super-sleuths who can recognise OCD's tricks. Engaging examples, activities, and step-by-step instructions help children master the skills needed to break free from the sticky thoughts and urges of OCD, and live happier lives. Ages 6-12.

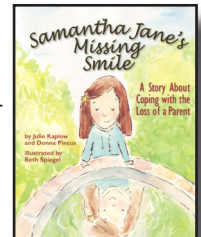
Pbk 96pp 9781591478058 A\$34.95 NZ\$43.95 2007 Magination Press

Samantha Jane's Missing Smile: A Story About Coping with the Loss of a Parent

Donna Pincus

Since Samantha Jane's dad died, she has been sad and quiet, keeping to herself. One day, her neighbor Mrs Cooper gently asks her about her missing smile, and Sammy Jane begins to open up about her grief, her worries, and her confusion. Sammy Jane's mother joins her daughter in Mrs Cooper's garden, and helps her further with accepting and responding to her profound loss. Ages 4-8.

Pbk 32pp 9781591478096 A\$18.95 NZ\$23.95 2007 Magination Press



All Dogs Have ADHD

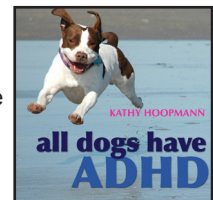
Kathy Hoopmann



OZ Author

All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world to explore a variety of traits that will be instantly recognisable to those who are familiar with ADHD. Following the style of the award-winning *All Cats Have Asperger Syndrome*, charming colour photographs of dogs bring to life familiar ADHD characteristics such as being restless and excitable, getting easily distracted, and acting on impulse.

Hbk 72pp 9781843106517 A\$26.95 NZ\$32 2008 Jessica Kingsley Publishers

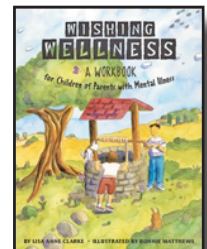


Wishing Wellness: A Workbook for Children of Parents With Mental Illness

Lisa Ann Clarke

This workbook is for children who have a parent with severe, incapacitating disorders like psychosis, suicidal depression, extreme anxiety or those undergoing the most intensive forms of treatment (e.g., psychiatric hospitalisation or day treatment). These children's sense of belonging, competency, and identity can be harmed or jeopardised. This workbook addresses this, and is designed to allow children to process their thoughts, feelings, and experiences while learning more about their parent's illness. Innovative, fun exercises have been included to teach self-coping, confidence, self-esteem, stress management, and play skills. It is an excellent therapeutic tool that a therapist may use in groups or individual sessions. B/W illustrations. Ages 6-12.

Pbk 80pp 9781591473138 A\$29.95 NZ\$37.95 2006 Magination Press



Drawing Together To Develop Self-Control

Marge Heegaard

An art therapy book for children with controllable behavioural problems. Kids will learn the consequences of their actions, how their misbehaviour affects others, how to develop good judgement skills, etc.

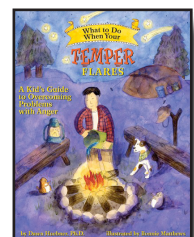
Pbk 32pp 9781577491019 A\$17.95 NZ\$21.95 2001 Fairview Press

What to Do When Your Temper Flares: A Kid's Guide to Overcoming Problems with Anger

Dawn Huebner

What to Do When Your Temper Flares guides children and their parents through the cognitive-behavioural techniques used to treat problems with anger. Engaging examples, lively illustrations, and step-by-step instructions teach children a set of "anger dousing" methods aimed at cooling angry thoughts and controlling angry actions, resulting in calmer, more effective kids. This interactive self-help book is the complete resource for educating, motivating, and empowering children to work toward change. Ages 6-12.

Pbk 88pp 9781433801341 A\$32.95 NZ\$39.95 2007 Magination Press



Storytelling with Children

Nancy Mellon

Nancy Mellon uses the skills of Imagination, Memory and Play to encourage families in the art of storytelling, helping strengthen family connectedness whilst also serving as an educational aid. The use of the imagination in storytelling helps to: awaken listening, open the

senses, focus attention, encourage language development, and lead towards a more developed sense of who we are and what we can become.

Pbk 192pp 9781903458082 A\$29.95 NZ\$39.95 2000 Hawthorn Press

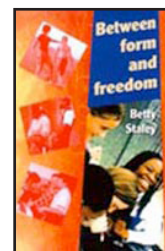
CHILDREN AND ADOLESCENTS

Between Form and Freedom: A Practical Guide to the Teenage Years 2ed

Betty Staley

Here is a wealth of insights about teenagers, providing a compassionate and intuitive look into the minds of children and adolescents. She explores the nature of adolescence - the search for the self, the birth of the intellect, the release of feeling, male-female differences and character. Teenagers' growth needs are explored in relation to family, friends, the media, education, the arts and love. Issues concerning stress, depression, drug and alcohol abuse and eating disorders are tackled, clarifying the options.

Pbk 288pp 9781903458891 A\$39.95 NZ\$51.95 2009 Hawthorn Press

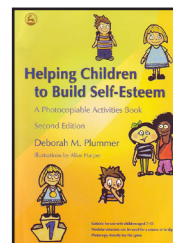


Helping Children to Build Self-Esteem: A Photocopiable Activities Book 2ed

Deborah M Plummer

This second edition of the highly successful *Helping Children to Build Self-Esteem* is packed with fun and effective activities to help children develop and maintain healthy self-esteem. New and updated material has been added including a section on running parent groups alongside children's groups, as well as a brand new layout, fresh illustrations, an expanded theoretical section and extra activities.

Pbk 288pp 9781843104889 A\$48.95 NZ\$63 2007 Jessica Kingsley Publishers



Helping Adolescents and Adults to Build Self-Esteem

Deborah Plummer

Helping Adolescents and Adults to Build Self-Esteem follows on from the widely acclaimed *Helping Children to Build Self-Esteem*. It is filled with simple, practical and innovative ideas for supporting the development and maintenance of healthy self-esteem. Based on the author's clinical experience, the easy-to-use photocopiable activity sheets encourage participants to draw on existing skills and to develop new approaches to building confidence and feelings of self-worth.

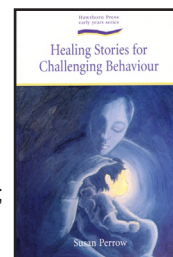
Pbk 272pp 9781843101857 A\$46.95 NZ\$59.95 2004 Jessica Kingsley Publishers

Healing Stories for Challenging Behaviour

Susan Perrow

Healing Stories for Challenging Behaviour brings together the fruits of Susan Perrow's work in storymaking, richly illustrated with lively anecdotes drawn from her own parenting and teaching. It offers a discussion of therapeutic storytelling; guidance for readers to evaluate the challenging behaviour or situation and identify their desired resolution; advice on adapting stories for different age groups and cultures; an extensive collection of new stories and traditional folk tales categorised by behaviour or situation; and a storymaking model to help the reader create stories directly relevant to their own circumstances.

Pbk 320pp 9781903458785 A\$46.95 NZ\$59.95 2008 Hawthorn Press

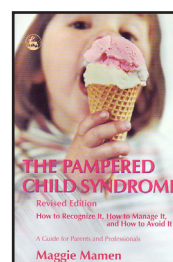


The Pampered Child Syndrome: How to Recognize it, How to Manage it, and How to Avoid it – A Guide for Parents and Professionals

Maggie Mamen

The Pampered Child Syndrome is a welcome source of advice for parents or professionals working with children who are given all the love and care they need, yet who remain unhappy, anxious or angry. This book will offer valuable support and encouragement to parents, teachers, and health and social care professionals who want to raise children who are confident, happy, healthy, and socially aware.

Pbk 152pp 9781843104070 A\$33.95 NZ\$42.95 2005 Jessica Kingsley Publishers



Hawthorn Press

Fairview Press

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